# The Lion's Roar

McAvinnue's Community Newsletter: Week Of December 6th

### MCAVINNUE'S PRINCIPAL'S MESSAGE

Hello McAvinnue Community!

I hope that everyone is having a great weekend! December is here and everyone will soon become even busier than we already are with the holiday season right at our doorstep. This month will be a one that moves quickly for all of us with many important events for you to be aware of.



I wanted to remind everyone that Dr. Boyd, LPSD Superintendent of Schools, will be visiting McAvinnue on Tuesday, December 14th at 8:30 AM - 9:30 AM for an event called "Breakfast With Boyd". This is a great opportunity to share your thoughts and ideas about the Lowell Public Schools and advocate for what you feel the priorities should be for our school and district moving forward. There is no formal agenda. All guests will be required to wear a mask unless eating and we will observe extra social distancing in the cafeteria for the event. We hope that you make the time to stop by and join in on this important opportunity to make your voice heard!

As everyone is aware, we have had a few new COVID-19 positive cases at McAvinnue this past week. Our top priority will continue to be health and safety of students at faculty. We continue to maintain diligence around mask wearing, social distancing when appropriate, following up on individuals with COVID-19 symptoms, and weekly pooled testing. If your child hasn't been participating in the weekly pooled testing, now is a great time to consider signing up using the link below. You can also consent on "Test & Stay" which allows your child to remain in school if they are deemed a "close contact" as long as they are not exhibiting any symptoms of COVID-19.

#### https://www.cic-health.com/consent/ma?district=Lowell

As we have launched into the month of December, there are a few items that you need to be aware of. Please mark your calendars for the following events and activities at McAvinnue:

- Monday, December 6th Friday, December 17th: McAvinnue's ST Math Challenge
- Wednesday, December 8th: Early Release Day Student Dismissal @ 1:30 PM
- <u>Wednesday, December 8th</u>: Harvest Of The Month: Carrots Chicken Shawarma Wraps with Carrot Hummus @ All Lunches
- Friday, December 10th: McAvinnue's Spirit Day Holiday Sweater/Shirt Day
- Monday, December 13th: Report Card Distribution (PreK Grade 4)

- Tuesday, December 14th: Breakfast With Boyd @ 8:30 AM 9:30 AM
- Sunday, December 19th: McAvinnue's Vaccination Clinic @ 11:00 AM 2:00 PM

You will find additional details for the events and activities list above in this edition of McAvinnue's "Lion's Roar" Community Newsletter.

As usual, we are looking forward to another amazing week at the "best school that we all know"!



Here are important dates to remember during the month of December:

- Monday, December 6th Friday, December 17th: McAvinnue's ST Math Challenge
- Wednesday, December 8th: Early Release Day Student Dismissal @ 1:30 PM
- Wednesday, December 8th: Harvest Of The Month: Carrots Chicken Shawarma Wraps with Carrot Hummus @ All Lunches
- Friday, December 10th: McAvinnue's Spirit Day Holiday Sweater/Shirt Day
- Monday, December 13th: Report Card Distribution (PreK Grade 4)
- Tuesday, December 14th: Breakfast With Boyd @ 8:30 AM 9:30 AM
- Friday, December 17th: McAvinnue's Spirit Day Sparkles & Glitter Day
- Sunday, December 19th: McAvinnue's Vaccination Clinic @ 11:00 AM 2:00 PM
- Thursday, December 23rd: McAvinnue's "Spirit Day" Holiday Pajama Day
- Friday, December 24th: No School Holiday Break Begins
- Monday, December 27th Friday, December 31st: No School Holiday Break
- Monday, January 3rd: McAvinnue Reopens @ 9:10 AM

Early Release Day - Wednesday, December 8th



As part of the district-wide "Early Release Day", <u>McAvinnue will dismiss students at 1:30 PM on Wednesday, December 8th.</u>

Please make the necessary arrangements to be available for your child on this day. As always, we truly appreciate your support with this that allows for our dismissal process to move along as smooth as possible.

# Harvest Of The Month - Carrots: Wednesday, December 8th



Please mark your calendar! On <u>Wednesday, December 8th</u>, the LPSD entire food service team will be featuring a special Harvest of the Month entree at McAvinnue: Chicken Shawarma Wraps with Carrot Hummus

 Harvest of the Month provides wonderful opportunities for school food and nutrition staff, educators, school administrators, family members, and students to collaborate, and to celebrate our commitment to serving locally grown foods. We will highlight December's Harvest of the Month item -- Carrot -- procured from Joe Czajkowski's Farm in Hadley, MA.





Carrots are a delicious and familiar snack for many kids, and there are many great reasons to eat them. A 1/2 cup of fresh or cooked carrots is an excellent source of vita-min A, which is important for good eyesight.

#### Healthy Serving Ideas

- Toss sliced carrots with a little olive oil & roast carrots in the oven at 375°F for 10 minutes.
- Make carrot pancakes by adding 3/4 cup of cooked pureed carrots to your pancake batter.
  Serve carrot sticks with hummus or peanut butter for a protein packed snack.
- · Add fresh shredded carrots to your salad!

Where to Find Local Carrots MassGrown Map (MDAR) https://massnrc.org/farmlocator

#### Fun Facts

The longest carrot ever grown was 19 feet long! The carrot is a root vegetable and the part we eat is known as a taproot.

Carrots were first grown as a medicine, not a food

# At Home Activity: Experiment with Carrot Roots! 1. Fill a glass half full with water. Add 10 drops of red food coloring to the water. 2. Cut the end tip off of a carrot.

#### Harvest of the Month Book Club

Elementary: Just Enough Carrots by Stuart Murphy Elementary: It's Our Garden by George Ancona Middle: A Place at the Table by Seadia Faruqi





Thank you to Blue Cross Blue Shield of Massachusetts and the Massachusetts Department of Agricultural Resources for helping make Harvest of the Month possible.



- Look for carrots that are firm and have no bruises.
   Carrots should be scrubbed or peeled before eating.
- Store carrots in a closed plastic bag or container in the refrigerator. They will keep well for up to two weeks. Remove the leafy green tops before storing

January Preview: Apples!

HARVEST Diciembre of MONTH ZANAHORIAS

#### as para servirla de forma saludable

- Haz panqueques de zanahoria agregando 3/4 de taza de puré de zanahorias cocidas a la masa del panqueque.
- irve los palitos de zanahoria con hummus o ma ani para un refrigerio lleno de proteinas. riade zanahorias frescas ralladas a tu ensalada

Club del Libro de la Cosecha del Mes



Gracias a Blue Cross Blue Shield de Massachusetts y a Departamento de Recursos Agricolas de Massachusetts por contribuir a que la Cosecha del Mes sea posible.

Datos curiosos

¿La zanahoria más larga que haya sido o longitud de 19 pies! La zanahoria es una verdura de raliz y la parte que com se conoce como raliz primaria. Inicialmente las zanahorias se cultivaron como medicar no como alimento.

- no como alimento.

  Actividad en el hogar; ¡Experimenta con las raíces de la zanahoria!

  1. Liena un vaso con agua hasta la mitad. Añade 10 gotas de colorante alimenticir orio al agua.

  2. Corta la punta de la zanahoria.

  3. Coloca la zanahoria en el vaso con agua. Déjala ahi durante varios días.

  4. Coloca la zanahoria en el vaso con agua. Déjala ahi durante varios días.

  4. Coloca la zanahoria en el vaso con agua. Dejala en interior de la considera de la contra y con la ayuda de un adulto, cortala por la mitad. Mira el interior. Versia una coloración roja en el corazció de la zanahoria que va desde la parte inferior a la superior. Femet: The Centre Missem

Primaria: <u>Just Enough Carrots</u> por Stuart Murphy Primaria: <u>It's Our Garden</u> por George Ancona Intermedia: <u>A Place at the Table</u> por Saadia Faruqi





AVANCE DE ENERO: IMANZANASI

www.massfarmtoschool.org

www.massfarmtoschool.org



# Salad • 1 cup scallions, sliced thin

1 cup mint, fresh, chopped

1 cup cilantro, fresh, chopped 5 cups cabbage, shredded

1 cup carrot, grated (about 2 carrots)

**HARVEST** 

Asian Slaw with

Ginger & Mint

- Dressing
  1/4 cup soy sauce, low salt
- 1/4 cup lime juice
- 1/4 cup cilantro, fresh, chopped 1 TB ginger, fresh, grated
- 2 TB rice vinegar
- 2 TB brown sugar 2 tsp toasted sesame oil
- 1 tsp salt

#### DIRECTIONS

- 1. In a large bowl, combine all the salad ingredients, except the toasted sesame seeds. Refrigerate until ready to serve.
- 2. In a small bowl, combine all the dressing ingredients and whisk together
- 3. Add dressing to coat the salad and toss. You may prefer not to use all the dressing; you can save any remaining dressing in the refrigerator for up to 2 weeks.
- 4. Serve garnished with toasted sesame seeds



#### Vegetable Summer Rolls

apart slightly. Add the lemon juice, 1/2 cup olive oil, cayenne and 1/4 teaspoon salt. Puree



6 tablespoons water

1 tablespoon honey

2 tablespoons fresh lime juice 1 tablespoon soy sauce

1 teaspoon fresh garlic, finely minced

#### INGREDIENTS

- 2 cups warm water 10 large rice paper wrappers
- 1 large carrot, peeled and thinly sliced 1 red pepper or cucumber thinly sliced ¼ red cabbage, thinly sliced

until smooth and an even pale orange

- 1 cup fresh mint leaves
- Optional: cilantro, parsley or other herbs Optional: tofu or chicken strips

#### DIRECTIONS

- 1. Fill a shallow dish with warm water
- Dip rice wrapper in warm water for several seconds or until slightly softened and flexibleLay softened wrapper on a clean and flat work surface.
- 4. Place strips of pepper, cucumber, carrot, cabbage and herbs as desired in wrapper
- 5. Fold the bottom of the wrapper over the filling and roll up sides tightly.
- Repeat with remaining ingredients
   Add all sauce ingredients in a pint jar, cover, and shake well to mix
- 8. Serve spring rolls with dipping sauce



### **Carrot Orange** Ginger Smoothie

- 1 large orange, peeled 2 medium carrots, peeled and cut into chunks
- · 2 cups frozen pineapple chunks 1 teaspoon peeled and chopped fresh
- 1/8 teaspoon cinnamon
- 1 1/2 cups ice1/2 cup cold water
- ginge

#### DIRECTIONS

INGREDIENTS

- 1. Add all ingredients except ice to a high speed blender and blend until smooth
- 2. Add ice and blend again until thick

Source: BuildYourBite.com



## Join McAvinnue's Parent Teacher Group (PTG)!

We are looking to rebrand McAvinnue Parent Teacher Group (PTG) and we need your help to get thing off the ground this school year!

One of the strengths of McAvinnue over the years has been its parent and family support! From attending amazing events, donating funds for various school activities, and your recent partnership with our teachers



last school year when things were less than normal for everyone. Your support for McAvinnue is at an all time high!

We want to use this energy to reform McAvinnue's Parent Teacher Group....also known as McAvinnue's PTG!

Come out on Thursday, December 9th at 6:00 PM to learn more about the PTG and to begin to plan for another awesome year for our students at McAvinnue. All parents and caregivers are welcome to attend!

This event will be "virtual" and conducted using the Zoom Meeting platform. Please see the meeting invitation below.

# McAvinnue's Parent Teacher Group (PTG) Meeting

When

Thursday, Dec. 9th, 6pm

Where

This is an online event.

More information

Join Zoom Meeting

https://lowell-k12-ma-us.zoom.us/j/82732160441?pwd=NVJPZXZMZ09idkF5Rzl5MmRFRFJwUT09

Meeting ID: 827 3216 0441

Passcode: 569787

# McAvinnue's "Holiday Sweater & Shirt" Day

McAvinnue's next "Spirit Friday" offering will occur on Friday, December 10th...it will be "Holiday Sweater & Shirt Day".

All you need to do is wear your ugliest, funniest, or most festive holiday sweater or shirt to McAvinnue! Anything goes...and you can even get creative and make something special with a holiday focus.



Let's keep the fun times rolling and end the week in full holiday style!



We will launch into a new ST Math Challenge for the month of December! This challenge will begin on Monday, December 6th - Friday, December 17th.



Our students will work on increasing their average minutes that they are working on ST Math each day. It is important to note that the more time students are logged onto ST Math...they will have increased opportunity to complete puzzle challenges that are part of their grade level journey objectives!

2 classrooms will have a chance to win the ST Math December Challenge. We have broken down our school into 2 groups.

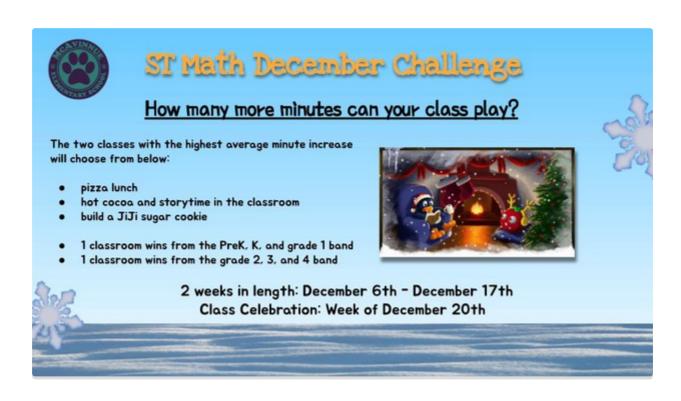
- Group 1 PreK, Kindergarten, Grade 1: One Classroom Winner
- Group 2 Grades 2, 3, and 4: One Classroom Winner

The winning classrooms will have a chance to pick from the following super fun and exciting activities:

- Pizza Lunch
- · Hot Cocoa & Storytime with Mr. Domina & Mrs. Bellerose
- Build a JiJi Sugar Cookie Activity

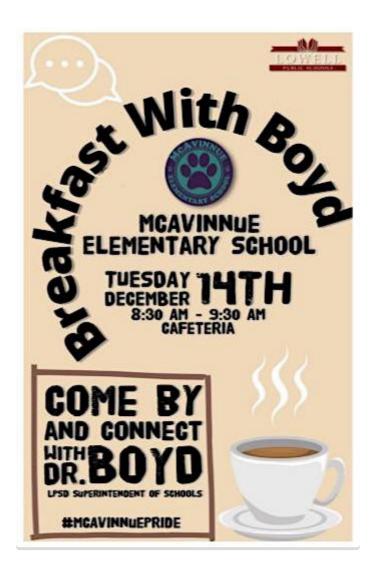
We will provide updates every few days so that we can see who is in the lead for each group.

This will be a really fun and engaging challenge...and we know our student are super excited to get started!



"Breakfast With Boyd": Tuesday, December 14th

8:30 AM - 9:30 AM: McAvinnue Cafeteria



Mark your calendars! Dr. Boyd, LPS Superintendent, is scheduled to come by McAvinnue on <u>Tuesday, December 14th from 8:30 AM - 9:30 AM</u> to meet with parents and guardians to engage in an open conversation about the district, long-term and short-terms planning, and initiatives impacting 2022 and beyond.

Light breakfast treats and refreshments will be served in the cafeteria.

No RSVP is needed for this event.

### McAvinnue's Mobile Vaccination Clinic: Sunday, December 19th @ 11:00 AM - 2:00 PM

We are proud to announce our partnership with the Commonwealth of Massachusetts and Cataldo Ambulance that will allow us to offer McAvinnue's Mobile Vaccination Clinic on <u>Sunday, December 19th from 11:00 AM - 2:00 PM</u>. No appointment is necessary. We will use the gymnasium to host the vaccination clinic.



The following vaccination options will be available at McAvinnue on this day:

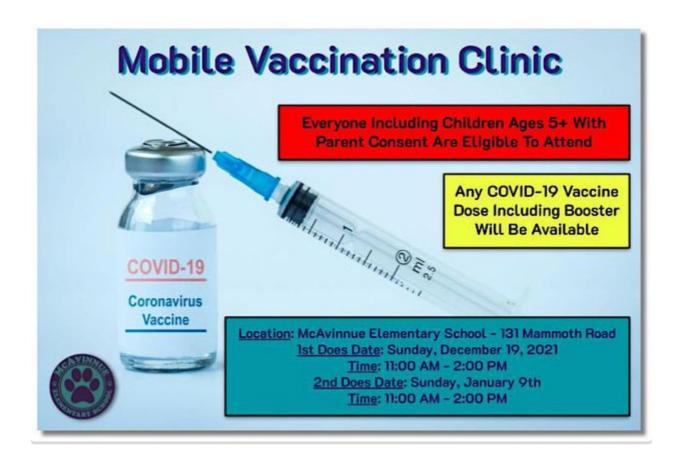
- 1st & 2nd dose of the COVID-19 vaccine
- Desctor dose of the COVID 10 vessing

- Children 5+ dose of the COVID-19 vaccine (with parental consent)
- Flu vaccination

If you are receiving your 1st dose of the COVID-19 on Sunday, December 19th, you will need to come back to McAvinnue on Sunday, January 9th to receive your 2nd dose.

To make things as easy and as fast as possible for everyone, you can pre-register for McAvinnue's Mobile Vaccination Clinic using the link below.

## **Click To Pre-Register For The Vaccination Clinic**



# McAvinnue's "Virtual" Morning Announcements Are Back!

Back by popular demand from our students and faculty...We have recently included McAvinnue's "Virtual" Morning Announcements as part of our universal "Morning Meeting" block at 9:30 AM - 9:45 AM.



A new edition of McAvinnue's "Virtual" Morning Announcements will be presented to our students on Monday, Wednesday, and Friday each week. We will continue to use Tuesday and Thursday each week to be used for "Open Circle"....our Social Emotional Learning (SEL) program that focuses on community building, prosocial decision making, and appropriate responses to daily stressors both within the school and home settings

This will continue to be a great way to bring our school together each day focusing on the same message to get the energy, commitment, and engage up before we launch into another great day at "the best school we all know".

You can check out each edition of McAvinnue's Morning Announcements on our YouTube channel using the link below.

https://www.youtube.com/channel/UC7hxiBuRjqjqfASl\_RLMleQ



December Breakfast & Lunch Menu





# **REMINDER:** Masks Are Required When Riding School Bus

Please remember that all students must wear their masks on the school bus unless they have a medical exemption. It has been brought to our attention that there has been a large number of bus incident reports for students who are not wearing their masks on the bus throughout Lowell.



Bus drivers do not always have masks that they can give to kids, so please send your student to the bus stop with a mask. If they do not have one or refuse to wear one on the bus, their bus riding privileges can be suspended.

If you do not have masks at home for your student, please let us know and we can make sure they have some to wear on the bus.

Please keep in mind that if your child refused to consistently wear a mask on the bus, they are subject to have their bus riding privileges suspended or completely removed.

## **Emergency Contact Form: 2021-2022**

Still need to fill out your emergency contact form for the 2021-2022 academic school year?



We have made it really easy for you to complete this important task. You can access the online form below. When you complete this form, it is immediately sent to McAvinnue and we will print it out for our records.

You don't need to come to the school to complete this form...you can do it right on your phone, tablet, or computer!

If you have any questions, please reach out to Mrs. De La Luz at <a href="mailto:adelaluz@lowell.k12.ma.us">adelaluz@lowell.k12.ma.us</a> or contact the Main Office at McAvinnue for support!



Emergency Form 2021-2022 Formulario de Emergencia 2021-2022 Formulário de Emergência 2021-2022

Sign in to Google to save your progress. Learn more

We are excited to announce that we have partnered with Champions
Choice for another option for you to purchase McAvinnue School Gear!
The store is being finalized and information will be shared with
everyone in about a week. This is going to be perfect for the holiday
season!

To access the online store for McAvinnue spirit gear, please click the link below.



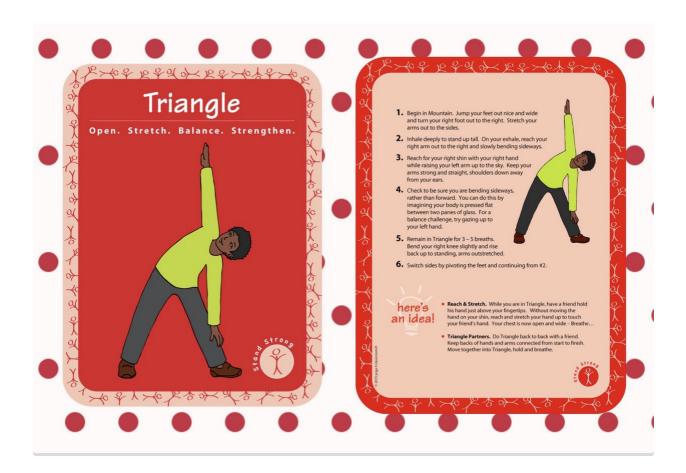
# Click Here To Access McAvinnue Spirit Gear

# McAvinnue's Yoga Pose Of The Week: "Triangle"

We will continue to try the new pose that we launched last week called the "Triangle"! This new pose will allow us to focus on opening up body through stretching that highlights improved balance and increased strength. We will practice the "Triangle" pose daily during our "Virtual" Morning Announcements during this up and coming week on Monday, Wednesday, and Friday.



You can get an early head start and practice this technique before we launch into another exciting week!

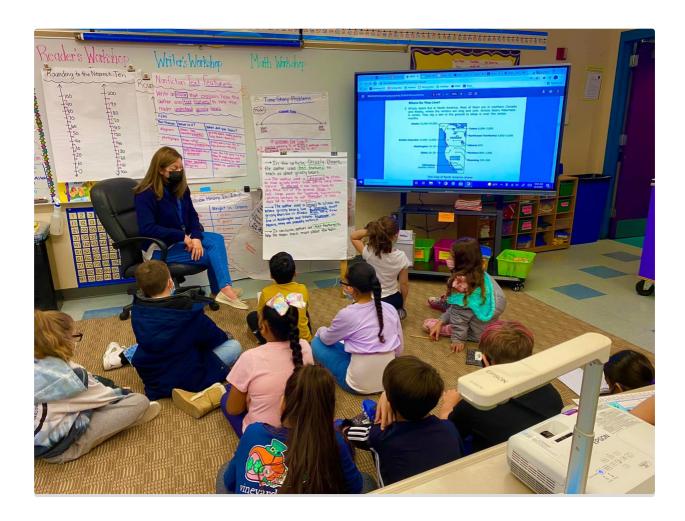


McAvinnue's Week In Review



# **Grade 4 Creating "Mini-Stories"!**

Grade 4 students spent some time this morning working on their "mini stories" during the writing block. There were some great ideas flowing out of the classrooms!



# Grade 3 Working On "Text Features"!

Grade 3 students spent some time this morning exploring "text features". These features allow the reader different ways that can obtain critical information found in text.

McAvinnue's ST Math Weekly Updates

# McAvinnue Elementary School **Top 5 for Average Weekly Minutes**

	Minutes	Puzzles
1 students of 302	140	74
2 students of 102	99	62
3 students of 301	98	59
4 students of 101	87	61
5 students of 103	83	56



McAvinnue Elementary School

**ST Math Totals** 

214,781

(

1,536

**Puzzles Collected** 

**Objectives Conquered** 



#### **Drop-Off Logistics**

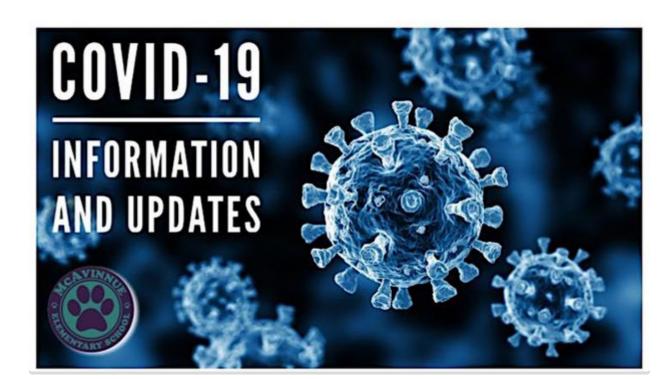
- Arrival begins at 9:10 AM each day. The late bell rings at 9:25 AM.
- Please pull up to the 4th Avenue side of the building when dropping off your child.
- As you approach the 4th Avenue sidewalk, a faculty member will greet and support getting your child safely out of the vehicle.
- **Arrival and Dismissal Procedures**
- This area is a drop off area ONLY. You will not be permitted to park in this location.
- Please be sure to drive all the way down to the end of the sidewalk so we can fit as many vehicles in this location as possible.
- Ensure your child is ready to go and do not get out of the car so we can keep traffic moving.
- Students accessing our CSA program will be dismissed out the 4th Avenue door near the rear of the school building by the exit driveway.
- Large bus students will enter using the back door located in the rear of the school building.
- Small bus and van transportation students will use the 4th Avenue door near the rear of the school building by the exit driveway.

#### **Morning Lining Up Locations**

- Grade 1, 3, and 4 students will use the Main Door to enter the school building.
- Grade 2 will use the 4th Avenue doorway near the front of the school to enter the building.
- PreK & Kindergarten will use the Early Childhood door to enter the building. This door is located to the right of McAvinnue's Reading Garden and to the left of the Main Door.

#### **Pick-Up Logistics**

- Grade 1 will be dismissed out the Main Door.
- Grades 2, 3, and 4 will be dismissed out the 4th Avenue door near the front of the school.
- · Kindergarten students will be dismissed out the Early Childhood door. This door is located to the right of McAvinnue's Reading Garden and to the left of the Main Door.
- Students accessing our CSA program will be dismissed out the 4th Avenue door near the rear of the school building by the exit driveway.
- PreK students will be dismissed out the 4th Avenue door near the rear of the school building by the exit driveway. Please contact Ms. Annie for the specific dismissal time.





# **Updated COVID-19 Information & Updates**

Here is a bulleted list of basic COVID 19 protocol information to help you make some decisions for this school year. Please remember the Lowell Public School District has <u>no remote option</u> for this school year.

- All student and staff members entering our building are required to wear masks indoors. We will
  provide mask breaks throughout the day. Strict mask protocols seem to minimize the spread of
  COVID. If a student is unable to wear a mask due to a documented disability please reach out to
  Mr. Domina at <a href="mailto:mdomina@lowell.k12.ma.us">mdomina@lowell.k12.ma.us</a>. Please try to find a mask that fits your child properly.
  We have some at schools for emergencies, but families should provide the masks.
- Students are required to wear masks on buses.
- We will try to reach 3 feet in social distancing in each classroom, but this is unlikely. If a class size
  reaches above 21 students, we will be within 3 feet of each other. Social distancing is not required
  in schools at this point.
- We will be eating in the cafeteria for lunch each day for most of our students. Students will be
  within 3 feet of each other in this environment and only have their masks off while they are
  consuming food and beverage.
- We will sanitize hands throughout the day. Students entering or leaving a class or the building are required to use hand sanitizer.
- In-school pool testing will continue for this school year. It is not required, but families can sign their children up using this link. <a href="https://www.lowell.k12.ma.us/pooltesting">https://www.lowell.k12.ma.us/pooltesting</a>
- Please see the video to show how the testing works.
   <a href="https://drive.google.com/file/d/1MSQ7h3tRyRCg-Sz4lT6iNbNsyMl7VTj7/view">https://drive.google.com/file/d/1MSQ7h3tRyRCg-Sz4lT6iNbNsyMl7VTj7/view</a>

# Can I Go To School? Updated Lowell Health Department COVID-19 Guidance

The Lowell Health Department has updated the flow chart guidance for parents, a copy of which is shared with you below.

Please do not send any children to school if you are waiting for the result of a COVID test or if your child has/has had symptoms. Students will need a negative COVID test in order to return to school.

#### Can I go to school? Do you have? (Any 1 of these symptoms): YES · Fever (temp 100.0 or higher) Chills or Shaking Chills New Loss of Smell or Taste Muscle Aches or Body Aches DO NOT GO TO SCHOOL \*Contact your doctor for guidance NO \*Consider COVID testing YOU MUST PROVIDE A NEGATIVE COVID TEST RESULT OR DOCTORS NOTE BEFORE RETURNING TO Do you have? (Any 2 or more of these SCHOOL symptoms): Cough (not due to other known cause) YES Nausea, vomiting or diarrhea Headache Fatigue Nasal congestion or runny nose DO NOT GO TO SCHOOL \*Contact your doctor for guidance NO \*Consider COVID testing YOU MUST PROVIDE A NEGATIVE COVID TEST RESULT OR DOCTORS NOTE BEFORE RETURNING TO

# Free Weekly COVID-19 Screenings

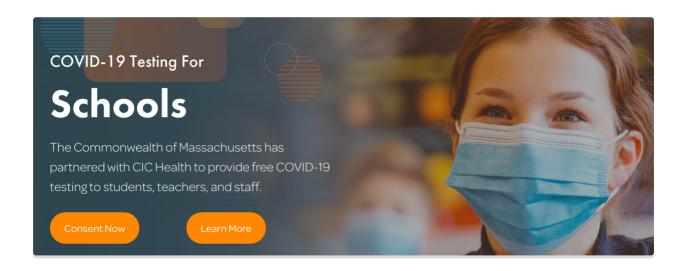
If you have been exposed to COVID and/or have been advised to quarantine, please notify your school nurse.

If you get tested for COVID, you must stay home until you get your results.

SCHOOL

GO TO SCHOOL

Please call your school nurse with any questions or concerns at \_



Free weekly COVID-19 screenings will continue this fall at all Lowell Public Schools... and we will now offer FREE rapid testing for any symptomatic students. No more making appointments, driving to the testing site, and waiting days for your results!

You <u>MUST</u> complete the consent form to have your child participate in <u>ANY</u> of the free COVID-19 testing at McAvinnue. To consent for "Test & Stay" if your child is a close contact at school and is not

showing any COVID-19 symptoms, you can sign up using the link below.

#### McAvinnue will now be testing students and faculty on WEDNESDAY each week!

To access the consent form, click the button below.

### Click Here To Access The Consent Form

11



#McAvinnuePride

### Enhanced COVID-19 Testing Offerings

### Symptomatic Testing

### For when individuals present symptoms while at school; individuals should not go to school if experiencing symptoms while at home.

- Samples are collected at school using the BinaxNOW rapid antigen test.
- Those testing negative with isolated/mild symptoms can stay in school.

# "Test and Stay" Close contact testing

- For when individuals are in close contact with a COVID-19 positive individual while at school.
- Samples are collected at school using the Binax NOW rapid antigen test.
- Tests are administered daily for at least five days from the date of exposure.

#### Routine COVID Safety Checks

- Routine Pooled Testing and School-Based Follow-Up
  Testing: samples are collected at school; if a pool is positive, follow-up testing at school with either BinaxNOW and/or individual PCR testing as necessary.
- Routine Pooled Testing and <u>Lab-Based</u> Follow-Up

  Testing: samples are collected; if a pool is positive, individual follow-up testing occurs at the lab, without a second sample collection.

## **COVID-19 Local Vaccination Clinics**

The LPSD is offering multiple COVID-19 vaccination opportunities, including COVID-19 booster shots, throughout November and December. You can find the schedule in the flyer below. Also, there is some important information you need to be aware of prior to attending one of these free and easy opportunities.

<u>Check out the list below for multiple opportunities in the month of</u>
<u>December and January.</u>



Please see the information below for all of the information you will need.

All students 5 and older are eligible to receive the vaccine at these clinics if you are looking for the opportunity to vaccinate your children.

Family members, friends, and community members are also invited and encouraged to get vaccinated at these clinics. You can get your first dose, second dose, or booster dose.

The vaccine is free and you will not be required to show an ID or health insurance in order to receive it. Appointments are not required.

Anyone under the age of 18 must have the consent form filled out by a legally authorized representative (usually a parent or guardian), and the minor must bring the form with them at the vaccination appointment.

Copies of the consent form in multiple languages may be found at <a href="https://www.mass.gov/.../covid-19-vaccination-consent...">https://www.mass.gov/.../covid-19-vaccination-consent...</a>

If the parent or guardian is not accompanying the minor, they must also download and complete a pre-vaccination screening form which is available at <a href="https://www.cdc.gov/.../pre-vaccination-screening-form.pdf">https://www.cdc.gov/.../pre-vaccination-screening-form.pdf</a>.

The form is also available in several languages at <a href="https://www.cdc.gov/.../info-by-product/pfizer/index.html...">https://www.cdc.gov/.../info-by-product/pfizer/index.html...</a> (approximately halfway down the page you will see the "Pre-Vaccination Screen Form" section).

Also, booster shots are available during the clinic to any individual who qualifies. To check for eligibility, please visit the MDPH COVID-19 Booster Eligibility Checker. More information on booster eligibility can be found at: <a href="https://www.mass.gov/.../covid-19-booster-frequently...">https://www.mass.gov/.../covid-19-booster-frequently...</a>

Additionally, the following conditions must be met to receive a booster dose:

- Individuals must have received their second dose of Moderna or Pfizer at least 6 months prior to receiving their booster dose. OR received their initial dose of the Johnson & Johnson vaccine at least 2 months prior to receiving their booster dose.
- Individuals must bring their CDC vaccine card (white card) or have a photo of the vaccination card in order to receive their booster dose.



# COVID-19 VACCINATION CLINICS

12/5 McAuliffe Elementary School 570 Beacon St. 11 a.m. 2 p.m.

12/8 Bartlett Community Partnership School 79 Wannalancit St. 4:30 p.m. to 7:30 p.m.

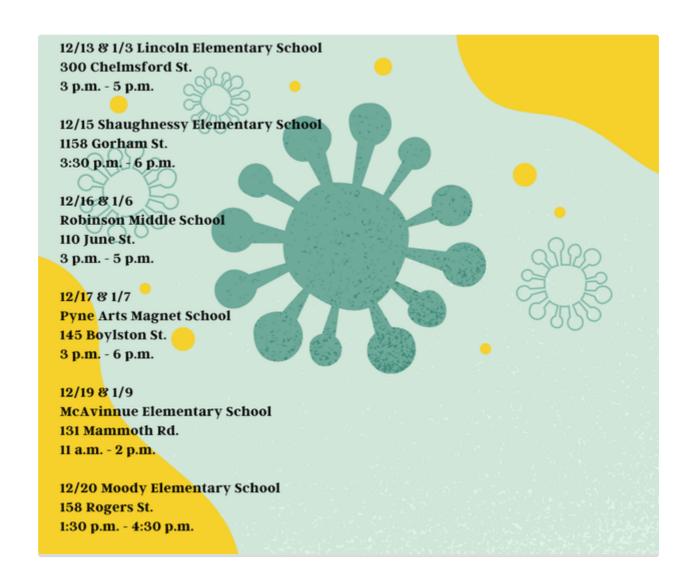
12/8 B.R.I.D.G.E Program 73 Woburn St. 1:30 p.m. - 3:30 p.m.

12/8 & 12/29 Wang Middle School 365 West Meadow Rd. 4 p.m. - 7 p.m.

12/9 & 1/6 Washington Elementary School 795 Wilder St. 3:15 p.m. - 7:15 p.m.

12/10 Rogers STEM Academy 43 Highland St. 4 p.m. to 6 p.m.

Students 5+ are eligible for the Pfizer vaccine (with parental consent for those under 18)



# **COVID-19 Vaccination Clinics For Children:** Aged 5 - 11

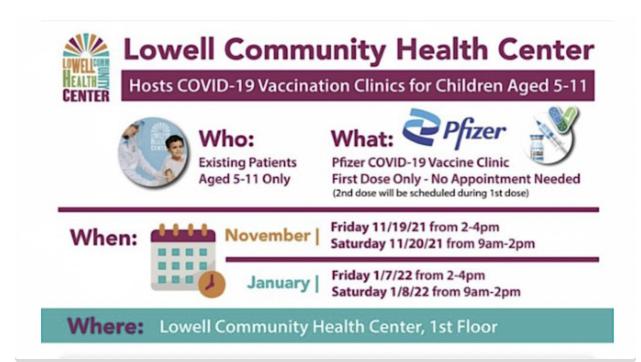
Lowell Community Health Center is offering COVID-19 vaccination clinics for children aged 5 - 11. You need to be a current patient to qualify for this great opportunity.

Here are the dates of each of the clinic options:

- Friday, January 7th @ 2:00 PM 4:00 PM
- Saturday, January 8th @ 9 AM 2:00 PM



If you have any questions, please call (978) 937-9700 or visit their at https://www.lchealth.org/



### McAvinnue's Student Bus Information

Need to know your student's school bus information? All you have to do is click below, put in their LASID (Lunch Number or the number they use to log into their computer), and you will have access to it.



If you need your student's LASID, please contact the front office at (978) 937-2871 or email mdomina@lowell.k12.ma.us.

If you have questions about your student's transportation, please don't hesitate to reach out using the methods above for support.

## Click Here For The LPSD "Bus Lookup Tool"

You will need to have your child's LASID or lunch number to access the most up to date bus information for your child. Please keep in mind that this number is also used to log into your child's borrowed device.

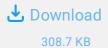
## **UPDATED: LPSD School Calendar 2021-**2022 School Year

Please click the link below for the recently approved LPSD School Calendar for the 2021-2022 school year.



There has been a "NO SCHOOL" date added on Tuesday, September 21st due to the local Primary Election in Lowell.





# **Community Connections & Opportunities**



# Cookies, Cocoa, And Crafts Early Childhood Event

Check out this great event for early childhood students on Tuesday, December 7th @ 4:30 PM - 6:00 PM and Thursday, December 9th @ 4:30 PM - 6:00 PM.



Please note that each event will take place at a different location.

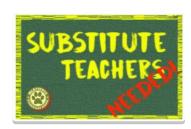
You can register for this event using the link below:

https://docs.google.com/forms/d/e/1FAlpQLSdESmrO-SVn1tYS9fYG8EgHcGcemgoGeMaYZjl1ogrx59a-Vg/viewform



# Want To Be A McAvinnue Substitute Teacher?

Lowell Public School District is seeking substitute teachers immediately! Attend a one hour workshop to learn more.



#### Our next available substitute workshop(s) will be held:

- Tuesday, December 7th @ 10 AM 11 AM
- Tuesday, December 14th @ 10 AM 11 AM
- Tuesday, December 21st @ 10 AM 11 AM

#### You are only required to attend one date.

The workshops are held at 155 Merrimack St., Lowell, 4th floor. The substitute workshop is mandatory for all new substitute teachers. If you are interested in attending, please contact Lisa Murphy at <a href="mailto:lmurphy@lowell.k12.ma.us">lmurphy@lowell.k12.ma.us</a> to register. Space is limited and you must register in order to attend.

#### APPLICATION PROCESS: (You must be at least 20 years of age)

- Applications will only be provided at the workshop, once completed please email Lisa Murphy at <u>Imurphy@lowell.k12.ma.us</u> to schedule a time to bring your paperwork in to be reviewed. You must bring ALL required documentation:
- Proof of fingerprinting receipt, two forms of govt issued i.d., official transcripts if you have a degree, a voided check for direct deposit, cori form.
- Retired teachers need to bring proof of retirement (current paystub from MTRS).

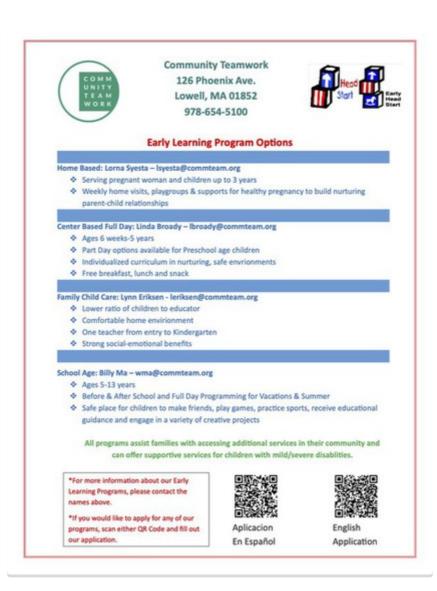
· Applications will be reviewed for processing.

# CTI HEAD START EARLY LEARNING PROGRAMS

Community Teamwork has a number of Early Learning Programs for kids and parents. Starting with their Home Base Program assisting families as early as Prenatal Mothers, to their School Age Program that serves children up to 13 years of age and their Early Head Start and Head Start Center Based Programs that serve all those in between.



For more information contact the people listed on the flyer below or call CTI at (978) 654-5100.



# THANKSGIVING & CHRISTMAS SUPPORT FROM THE SALVATION ARMY

The Salvation Army is opening up its sign-ups for its "Angel Tree Project" earlier than usual this year. Applications will open on <u>October 4th</u> and remain open only until capacity has been reached.



See the attached flyer for all of the eligibility and documentation requirements in order to qualify for support.

For more information contact Dianne James at 978-458-3396 or through email at <a href="mailto:Dianne.James@use.salvationarmy.org">Dianne.James@use.salvationarmy.org</a>

# Click Here For The Application

Available Starting On October 4th



# Community Resources & Daycare Options for Families

Looking for before or after school daycare options for your child? Here is a short list of options and information for your consideration.

Here is a list of daycare options in Lowell:

- Community Team Work (CTI) (978) 454-5100
  - Families who are already enrolled in a CTI program...
    - · Call or text school-age coordinators to request a slot
      - Billy 978-995-0028, <u>wma@commteam.org</u>
      - Karen 978-729-7216, <u>kshannon@commteam.org</u>
  - Families who are not enrolled in a CTI program

- Contact Karen (978) 729-7216, <u>kshannon@commteam.org</u> to see if where you are
   on the waitlist (if there is a waitlist)
- If you've never filled out a CTI application...
  - Fill out an application at 17 Kirk St., 126 Phoenix Ave
  - Or call the main CTI number (978) 454-5100 to request an email version of the application.
- YMCA: (978) 454-7825; 1 YMCA Dr in Lowell
  - · Karen Espinola is the school-age director
    - Fill out a application online or at the YMCA to request a slot
  - Debbie Doben is the preschool director if your child is preschool age
- Family Childcare: Call programs to see if they have openings near you
  - Bethel Family Childcare (978) 458-6577
  - Clarendon Family Childcare (978) 454-3026
  - Child Development and Learning (CDE) (978) 275-2843
  - ACRE Family Childcare (978) 937-5899
  - CTI: See above contact information
- Girls Inc: (978) 458-6529, 220; Worthen St. in Lowell
  - · Accept girls ages 5-14 years old
  - Accept Child Care Circuit vouchers, DCF vouchers, and private pay (income-based, sliding scale)
  - · Call Pam Lerocque (Director of Finance & Administration) to check on openings
- Boys and Girls Club: (978) 458-4526; 657 Middlesex St in Lowell
  - · School-age openings for after-school
  - Teens who are working with the Department of Children and Families can call BGC or DCF to see if they're eligible

### **Greater Boston Food Bank**

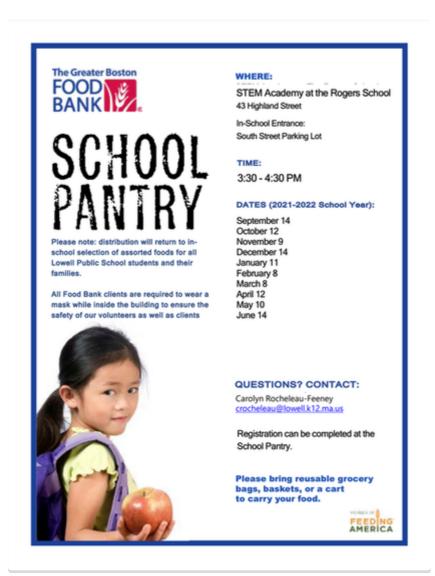
The Greater Boston Food Bank is back again in Lowell for this school year! Mark your calendars with the dates below in you are interested and in need of support.



The Food Bank is located at the STEM Academy (Rogers School) at 43 Highland Street.

The next opportunity is **Tuesday, December 14th from 3:30 PM - 4:30 PM!** 

You can also see the schedule for the Greater Boston Food Bank for this school year below!



## **Local Food Support**

Do you need support with food options for your family. No need to worry...there are many local groups that can offer support for you during your time of need.



Click the link below for a list of local food pantries that are willing to help.

You can also reach out to Mrs. De La Luz, McAvinnue's Social Worker, for support navigating these and other options.



Greater-Lowell-Area-Pantry-List 8-27-20 (1).xlsx



McAvinnue's Family Read-A-Loud



### McAvinnue's School Website

Check out our school website where you can find a wealth of information including school news, calendars, and other events.

Please visit our website at: <a href="https://www.lowell.k12.ma.us/mcavinnue">https://www.lowell.k12.ma.us/mcavinnue</a>



### Follow McAvinnue On Social Media

You can follow McAvinnue on social media at the following sites! We update things daily and this is a great way to stay in touch with all of the amazing things that are happening inside and out of "the best school we all know"!



 $Face Book: \underline{https://www.facebook.com/McAvinnueElementarySchool}$ 

Twitter:

https://twitter.com/McAvinnueLPS

Instagram:

http://instragram.com/mcavinnueelementarylps

YouTube:

https://www.youtube.com/channel/UCAUzGwuFaKMy13iFbHpSiMw



### **Our Vision**

**f** Facebook



McAvinnue Elementary School is a place...where there are <u>high</u> expectations, where students are academically engaged, where instruction is guided by a systematic approach to examine data, where there is a multi-tiered system of support, and where a responsive environment that fosters social emotional connections between faculty and students prevails.

#### **#McAvinnuePride #BeTheDifference #NextLevel**

131 Mammoth Road, Lowell, M...

mdomina@lowell.k12.ma.us Nowell.k12.ma.us/Domain/21

**(** 978) 937-2871

